



**Surry County Office of Substance Abuse Recovery (SCOSAR)
Spring 2026 Recovery Coach Training Cohort**

Training and All Materials Provided Free of Charge!

**In Cooperation with the
Goodwill Career Connections Center of Surry County**

Sponsored by:



Introduction

The Surry County Office of Substance Abuse Recovery, Recovery Friendly Workplace Program and Goodwill Career Connections Center of Surry County are excited to offer a training series for professionals and community members based on the gold standard of Recovery Coaching approved by the Connecticut Community for Addiction Recovery (CCAR). Training is provided by SCOSAR staff as a partner of the CCAR.



Overview of the Recovery Coach Professional (RCP) Process

The Recovery Coach Professional (RCP) Designation requires sixty hours (60) of training, consisting of two required CCAR classes:

The CCAR Recovery Coach Academy (30 hours) and the CCAR Ethical Considerations for Recovery Coaches (16 hours). As part of the Surry County Training Cohort the class Recovery Coaching in Justice Settings (12 Hours) will be offered and an opportunity to obtain the RCP hours needed available online from CCAR. This combination of training will result in 58 hours of instruction.

Upon completion of the 58 hours of Zoom based online training SCSOAR Staff will assist training participants to complete 2 additional hours of training and navigate the following requirements from CCAR. We encourage all participants apply for the Recovery Coach Professional (RCP) Designation including the following requirements - but this is not required to participate in the training series.

Our CCAR Recovery Coach Training is open to all! - people in recovery, families, friends, allies, ANYONE! Just like each of the CCAR Training programs. There is no prerequisite or lived experience required. This opportunity and all training materials are provided free of charge!

Instructor Biography

C. Jamie Edwards is Director of the Surry County Office of Substance Abuse Recovery and is a CCAR Recovery Coach Professional - Facilitator (RCP-F). He has worked in the field of addictions, counseling, human services and education since 1995. He is a North Carolina Licensed Clinical Addictions Specialist (LCAS), Certified Clinical Supervisor (CCS) and Certified Prevention Specialist (CPS). Jamie is also a Licensed Substance Abuse Treatment Practitioner (LSATP) and Certified Clinical Supervisor (CCS) in Virginia.

Class 1 - Recovery Coach Academy (30 Hours Total)

Meeting Dates

January 16, 2026 (6.5)
January 23, 2026 (6.5)
January 30, 2026 (6.5)
February 6, 2026 (6.5)

9:00 am to 4:00 pm, via Zoom. There is 26 hours via Zoom and 4 hours of independent work.

The CCAR Recovery Coach Academy is a intensive training designed to provide individuals with an understanding of both the art and science of Recovery Coaching. Delivered in conversational environment the CCAR Recovery Coach Academy prepares participants to guide and mentor others in recovery from an addiction to alcohol and or other drugs. By focusing on the goals of the individual being served, participants will learn the key fundamentals of this rewarding work, which CCAR has identified as active listening, asking really good questions, and treating people as their own best resource, all while discovering and managing their own stuff.

Participants will:

- Describe Recovery Coach role and functions
- List the components, core values and guiding principles of recovery
- Build skills to enhance relationships
- Explore many dimensions of recovery and recovery coaching
- Discover attitudes about self disclosure and sharing your story
- Understand the stages of recovery
- Describe the stages of change and their applications
- Increase their awareness of culture, power and privilege
- Address ethical boundaries and issues
- Experience recovery wellness planning
- Practice newly acquired skills

Class 2 - Ethical Considerations for Recovery Coaches (16 Hours Total)

Meeting Dates

February 13, 2026 (6.0)
February 20, 2026 (5.0)
February 27, 2026 (5.0)

9:00 am to 3:30 pm Via Zoom.

Recovery Coaches play an important role in the recovery process by creating connections with those they serve in deeply meaningful ways. Through these connections, which may include the sharing of personal stories and elements of their own recovery journey, Coaches mentor and inspire those looking for, or are in recovery, with a great deal of success. With such responsibility comes the needs for clear boundaries - both personally and professionally. This

16 hour training focuses on the ethical challenges Recovery Coaches face while providing a framework for creating good boundaries that allow for the same level of connection without causing harm.

Participants will:

- Define ethics and recognize the role ethics play when providing Recovery Coach Services
- Learn the importance of staying in your lane as a Recovery Coach
- Understand the decision-making process
- Develop guidelines for making ethical decisions
- Apply and practice the concepts presented

Class 3 - Recovery Coaching in Justice Settings (12 Hours Total)

Meeting Dates

March 6, 2026 (6.0)

March 13, 2026 (6.0)

9:00 am to 3:30 pm Via Zoom.

Recovery Coaching in Justice Settings is a 2-day, 12-hour training designed to prepare peer recovery coaches to work effectively with the criminal justice system. As more justice systems across the country recognize the value of peer-based recovery support, the demand for skilled recovery coaches in these settings continues to grow.

This specialized recovery coach training provides the foundational skills, awareness, and strategies needed to support justice-involved individuals through recovery while navigating the unique challenges and ethical considerations of these environments.

Registration Process

Due to funding provided by a Appalachian Regional Commission (ARC) INSPIRE grant and Surry County Office of Substance Abuse Recovery, tuition, program fees and materials will be paid for all students. The cohort is limited to 24 individuals and requires a written commitment to complete all 58 hours of training. Students must attend all three trainings and complete the additional requirements as stated by CCAR to complete the cohort series.

Interested individuals should contact Toby Bunton at buntont@co.surry.nc.us or Synthia Wilson at swilson@goodwillnwnnc.org to discuss training expectations, access the application link and learn more.